# DEPARTMENT OF ADVANCED PHYSIOTHERAPY AND SPORTS REHABILITATION

# **SCOPE OF SERVICES:**

#### **NEUROPHYSIOTHERAPY:**

- Stroke
- Multiple sclerosis
- Parkinson's disease, MSA
- Facial nerve palsy
- Neuralgias
- Spinal cord injuries
- Post Brain / Neuro Surgery

#### **MUSCULOSKELETAL PHYSIOTHERAPY:**

- Joint pains, sprains and strains
- Myalgias
- Osteoarthritis
- Spinal arthropathies
- Spinal Derangements & Dysfunctions
- Postural Syndromes
- Radiculopathies
- Whiplash injuries
- Post -operative orthopaedic rehabilitation

#### SPORTS REHAB:

- Tendinopathies
- Tennis and Golfer's Elbow
- Meniscal tears and injuries
- Ligament injuries: Sprains / Strains
- Post Arthroscopies

### PAEDIATRIC PHYSIOTHERAPY:

- Cerebral Palsy
- Developmental delay
- Muscular dystrophies

# **PULMONARY REHABILITATION:**

- · COPD
- Cystic fibrosis
- RLD
- · ILD

#### **WOMEN'S HEALTH PHYSIOTHERAPY:**

- Pre Natal Care
- Post Natal Care
- Pelvic Floor Strengthening
- Stress urinary incontinence

## DRY NEEDLING (Western Acupuncture)

Creates specific Neuro-physiological reactions in body and reduces pain & improves flexibility.

#### 6 - MINUTE WALK TEST:

It provides

- Global assessment of exercise response
- Objective determination of functional capacity of the lungs.
  Mostly performed when subjects cannot perform PFT

#### KINESIOTAPING

 Rehabilitative taping technique to facilitate the body's natural healing process while providing support and stability to muscles and joints

#### TILT-TABLE TESTING:

A procedure to diagnose syncope and orthostatic intolerance

#### **PRIMUS RS:**

A Versatile equipment for multi-joint testing for muscle isometric strength power & endurance, orthopaedic rehab, work simulation, work hardening and advanced musculoskeletal training of upper and lower extremity and core.

#### MATRIX RHYTHM THERAPY CLINIC:

Revolution in pain management & restricted mobility

#### **HAND REHAB UNIT:**

To treat hand condition like

 Arthritic Hand, Paretic/Plegic Hand, Post fracture injuries, Tendon Injuries, Reconstructions

# INCONTINENCE CLINIC (Both male & female):

- Urinary Incontinence
- Fecal Incontinence



Dr. Swati Sanghvi

Consultation only by appointment

For Appointment Call on: 022-67570769, 67570763/ 762

# SAIFEE HOSPITAL

under the auspices of Saifee Hospital Trust Reg. No. E - 5448 (Bom)

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